



The Goals of LEAD

- Develop leadership skills
- Increase self-esteem of youth
- Create a sense of belonging
- Increase the connection and commitment to the community
- Have Fun!

How LEAD was Created

In 2008, the LEAD course (Leadership Excellence Asset Development) was born when six Neighbourhood Organizations and the YMCA joined forces to create a Youth Leadership Curriculum which trains youth to volunteer. Asset Development is all about building the positive relationships with individuals, peers, family and the community that help give youth the strength they need to make positive life choices. This approach is the foundation for the LEAD curriculum. In 2010, the LEAD course was endorsed by the City of Cambridge as recommend training before volunteering in neighbourhoods or at the YMCA.

Topics Covered in the LEAD Curriculum

- Introduction to leadership
- Self-awareness
- Teamwork
- Communication
- Conflict resolution/problem solving
- What does true leadership mean?
- Working with people
- Program planning
- Safety and risk management
- Knowing your community