



Child

Little Learners 30 mos.+

Little Learners is an ongoing young children's program. Must be toilet trained

Morning Sessions

Mon/Wed/Fri, 8:50-10:50am

Tue/Thu, 8:50-10:50am

Afternoon Session

Tue/Thu, 12:30-2:30pm

\$10 each day + \$10.00 one-time supply fee

Registration:

little.learners@hvna.ca

PD Day Camp Ages 6-12

Fridays, 9:00-4:30 pm

Jan 30, Apr 17 & May 29

\$25/child/day

Registration:

Call or visit the HVNA office

Playgroup Ages 0-6

Experiencing cabin fever?

Come on out to HVNA's free playgroup! Must be accompanied by guardian

Wednesdays, 9:00-10:30am

Registration: Upon first visit

After School Program

Mon-Thu, 3:00-5:30pm

Hosted at the Hespeler Arena
\$50/child/10 week session

Registration:

Call or visit the HVNA office

Youth

Girls Night Ages 10-16

Drop-in program offering a great opportunity for girls to meet, try something new, gain confidence and have a fantastic night out!

Thursdays, 6:30-8:30 pm at Hespeler Arena – Beehive Hall \$2/visit

See website for monthly schedule

YLC Drop-in Ages 14-18

Drop-in program offering an array of activities & opportunities for youth!

Grade 9 -12. Bring your student card for sign in.

Thursdays, 7:00-8:30 pm at Hespeler Arena – Beehive Hall \$2/visit

See website for monthly schedule

LEAD Ages 11-16+

Leadership Excellence Asset Development course is designed for youth who are interested in getting involved volunteering and working with people.

Prerequisite for Summer Playground Leaders & LITs

Next course: Feb 6-8

Fri 4:00-8:00pm

Sat/Sun, 9:00-4:00pm

\$50/participant

Registration:

Call or visit the HVNA office

Coming Soon!

Applications for Summer Playground Leaders are due February 9, 2015. Check out our website for further info!

Adult

Yoga Beginner/Advanced

Yoga programs are hosted at Hespeler Arena – Beehive Hall with Instructor Susan. Please bring a yoga mat. Combined classes.

Tue, Jan 6 - Mar 31, 6:00-7:30

Note: Jan 6 - Fundamentals

\$75/13 week session

\$7/drop-in (No new drop-in participants after 3rd class)

Registration:

Will take place at Hespeler Arena. Complete registration form, found online, prior to class.

Hespeler Outreach Worker

The Hespeler Outreach Worker is available to link your family to resources in the community including food, transportation, recreation, childcare and support.

Call Suzy at 519-622-6550 ext. 222

Looking for more information, Contact Us!

Office: 1620 Franklin Blvd.

Cambridge (Door#8)

Phone: 519-240-3567

Email: recreation.coordinator@hvna.ca

Check us out online!

We are on Facebook!

Website: www.hvna.ca

Twitter: @HVNACommunity



